

# Collating Good Practice Protocol

## What is the aim of this protocol?

To provide Core Development Group Members of 'One Voice, One Hope' (OVOH) with guidance on how to document examples of good practice in suicide prevention, particularly (although not exclusively) those examples which demonstrate collaboration.

## Purpose

To ensure consistency in how good practice information is collated and shared, so that the Core Group can easily determine if submitted examples of good practice meet the required criteria. This protocol will also ensure the ease of transferring information as and when a more long-term platform is identified to host examples of good practice.

## Tiers of Good Practice

### A. Established Good Practice

Meets most or all of the seven identified key criteria under the 'what is good practice' section, including some evaluation or supporting data.

### B. Emerging Promising Practice

May lack formal evaluation, but shows:

- Clear intent and values alignment
- Informal or lived experience feedback
- Innovation or early impact

**Reasons to include emerging promising practice:**

#### 1. Support for Innovation

Innovative practices often emerge at a small scale or in highly localised contexts and should not be excluded simply due to their early-stage status or lack of formal evaluation.

#### 2. Strengthen Links Between Practice and Research

OVOH is well-positioned to act as a bridge between research and frontline practice. There is enthusiasm for connecting researchers with pilot-ready organisations to support evaluation and scale-up.

## What is ‘good practice’?

Each example added to the OVOH Good Practice Hub should meet most or all of the following seven key criteria:

	Good Practice Criteria	Notes
1	Has a specific overarching goal/aim.	
2	It is ethical and aligned with the values and principles of OVOH, which include respect, humility, trust, and compassion.	
3	Impact - the example has or is making a positive contribution to raising awareness about, reducing the stigma around, or preventing deaths by suicide – it stands out against other examples of standard practice.	The impact of the example should be clearly described and explained.
4	Can point to evidence that substantiates the success indicated in Criteria 3 above. Different types of evidence, e.g. research, data evaluation, testimonials, and lived experience, should be accepted.	<b>Need to balance rigour with inclusivity</b> Formal evaluation is valuable, but it should not be a barrier to recognising early-stage or grassroots-led initiatives, as well as informal and qualitative evidence. Including feedback from those with lived experience should be considered valid and credible. This protocol must allow for contributions from a diverse range of voices and contexts.
5	It is replicable in many situations, whilst recognising that a suicide prevention initiative in one location will not necessarily work in another area. This criterion should invite reflection on potential transferability.	<b>Nuanced replicability</b> Rather than expecting full replicability, OVOH will focus on identifying transferable principles or adaptable elements that can be applied across different contexts. Localised success can still generate valuable insights for broader application.
6	Shows evidence of sustainability – it continues to demonstrate its effectiveness.	Describe how the initiative is sustained, and how it stands out from standard practice, e.g. in terms of effectiveness.
7	Demonstrates evidence of collaboration with other individuals, organisations or services to achieve its outcomes: this is not an absolute requirement but is a desired trait. Those who collaborated should be identified in this section.	<b>Broader and inclusive collaboration</b> Collaboration should be interpreted broadly, explicitly including co-production with lived experience. Rigid definitions could unintentionally exclude significant, community-led or grassroots efforts. Multiple forms of collaboration will be selectable (e.g., lived experience and cross-sector).

## Recording and collating examples

It has been agreed that initially, Google Forms will be utilised to collect examples of Good Practice for both tiers. Linking to Google Sheets will enable data to be easily filtered and sorted as needed.

### Simple Summary Sheet to record evidence of good practice

OVOH will maintain a simple summary sheet to pull out key aspects:

- OVOH Good Practice reference number [this will be allocated after form submission]
- Title of good practice example (brief description)
- Implementing organisation or service name
- Current initiative dates from/to, or period of activity
- Key outcomes (what makes this a good practice)
- Aspect of suicide prevention: Prevention / Intervention / Postvention (allow multiple selections)
- Collaboration Type: Lived experience / Cross-sector / Cross-organisation / None / Other (allow multiple selections)
- Emerging Practice?: Yes / No

### Key Tags and Categorisation

The full form responses spreadsheet captures all entries. The next section of questions will seek information about the example to tag and categorise it, aiding in filtering and mapping the good practice examples. Each category will have clearly defined multiple-choice options to improve consistency; there will also be an 'Other' option (where applicable), where free text can be entered if a particular example doesn't fit one of the pre-defined categories.

- **Sector(s):** List the suicide prevention impact areas / 'puzzle pieces', e.g. Healthcare, Community, Education, etc. (allow multiple selections and new pieces to be suggested if the example doesn't fit any existing ones)
- **KPI Area(s):** Choose from evidence-based KPIs for suicide prevention, KPI categories outlined in a separate section below.
- **Geographical location:** as applicable, e.g. town, county, parliamentary constituency, ICB area, region, national
- **Format:** Campaign / Toolkit / Peer Support / Training / Physical Space (community) / Physical Space (healthcare) / Online Space (community) / Online Space (healthcare) / Other
- **Audience:** Free text entry, e.g. Professionals, Families, Men under 40, etc.
- **Evidence or Feedback Type:** Formal / Informal / Lived experience / Other
- **Sustainability Evidence Type:** Longevity/duration / Ongoing impact / Funding secured / Other

### In-depth explanation for a good practice example

The following section will then go on to gather further details against each of the seven key criteria listed under the "What is 'good practice'?" section above.

# KPI Categories: Evidence-Based Suicide Prevention Themes

To strengthen the evidence-informed nature of submissions, contributors should be invited to indicate which areas the practice addresses. These can also be used to categorise entries.

	KPI Main Categories	KPI Sub Categories
<b>A</b>	<b>Social Determinants</b>	<ul style="list-style-type: none"> <li>• Economy, employment, and personal debt</li> <li>• Addiction, gambling</li> <li>• Housing, family breakdown</li> <li>• Loneliness and isolation</li> <li>• Bereavement (especially suicide-related)</li> </ul>
<b>B</b>	<b>Reaching the Problem</b>	<ul style="list-style-type: none"> <li>• Reducing stigma, especially around mental health and suicide</li> <li>• Addressing gender- and culture-specific barriers</li> <li>• Supporting high-risk groups (e.g. autistic people, LGBTQ+)</li> <li>• Workplace-focused interventions (e.g. construction)</li> <li>• Creating safer environments (e.g. addressing hotspots)</li> <li>• Enhancing personal networks and shared responsibility</li> </ul>
<b>C</b>	<b>Alleviating Distress</b>	<ul style="list-style-type: none"> <li>• Access to effective mental health care</li> <li>• Avoiding iatrogenic harm (e.g. safe prescribing)</li> <li>• Supporting carers and families</li> <li>• Taking all self-harm seriously</li> <li>• Building on personal strengths and resources</li> </ul>
<b>D</b>	<b>Safety Planning</b>	<ul style="list-style-type: none"> <li>• Equipping at-risk individuals with meaningful safety plans</li> <li>• Ensuring those plans are accessible, personalised, and understood</li> <li>• Providing training and adjustments to support plan creation</li> <li>• Gathering feedback on usefulness and sense of safety</li> </ul>
<b>E</b>	<b>Fostering Hope</b>	<ul style="list-style-type: none"> <li>• Creating hope-enhancing experiences (e.g. peer friendship groups)</li> </ul>
<b>F</b>	<b>Mitigating Means</b>	<ul style="list-style-type: none"> <li>• Restricting access to means (e.g. alcohol, medication, high places)</li> <li>• Working directly with individuals to reduce environmental risks</li> </ul>

# Review Checklist

For Core Group use, a quick “at a glance” tool to assess each submission.

**Before starting the Google Form, consider the following to check that your example will meet our Good Practice Protocol criteria detailed above.**

	<b>Good Practice Review Checklist</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>
1	Does this align with OVOH values?			
2	Is there evidence or feedback?			
3	Is there potential for wider learning?			
4	Is it replicable or transferable in some form?			
5	Is it innovative, new, or underrepresented?			

If you have five ticks in the Yes column, then you’re ready to proceed to the OVOH Good Practice Google Form input.

If you have mostly ticks in the Yes column, but some ticks in the Maybe column, consider whether you need to gather further information before proceeding to enter the details on the Google Form.

If you have any ticks in 'No', then this example may not be suitable for the OVOH Good Practice Hub, or it needs to wait until these criteria are met.

## An Example Entries Guide

An Example Entries Guide will be developed to guide contributors in correctly classifying and completing fields.

## Version history and review date

<b>Version</b>	<b>Lead Member</b>	<b>Main changes</b>	<b>Date Created</b>	<b>Date Approved</b>	<b>Date Review By</b>
1.2	Joanne Feaster / Steve Phillip	N/A	June 2025		