The Jordan Legacy

Digital and Human Lifesaving Systems

Looking for gaps and breakthrough ideas via the positive application of digital communications technology linked to human support systems.

Those working in digital communications technology fields, including those developing apps, real time surveillance solutions, social media platforms, websites and other emerging technologies, can help raise awareness about suicide and encourage the research and development of practical solutions which will help prevent deaths by suicide.

Most suicides can be prevented if there is:

1. increased access for everyone to receive free or paid for digital suicide prevention training.
2. early identification of the warning signs provided by digital technology, linked to human support.
3. early intervention.
4. collaboration between the digital sector and those working in suicide prevention working more closely together to save lives.

We provide:

- guidance around suicide and suicide prevention for those looking to provide digital solutions to help save lives.
- practical action checklists and guides on the types of support required for someone with poor mental health or suicidal thoughts.
- guidance around the use of appropriate language when referring to mental health, self-harm and suicide.
- frameworks to identify and share what is already working well within the digital sector so that developers may learn from these initiatives and implement similar approaches.
- access to our extensive networks to facilitate introductions to those looking for digital solutions to help prevent suicides.

"This is an incredibly sensitive area and we knew that we needed a speaker that would handle it as such. We found that person in Steve. His life experience of this topic is profound but he is able to rationalise it all in such a way that you can start to make sense of it."

"I lost my only sibling to suicide at 21 years old. He had been researching techniques to take his own life via harmful internet searches."
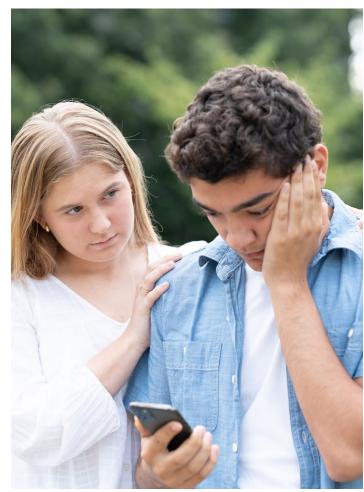
There are many things which can be done within the digital community to move toward a Zero Suicide society.

You can help develop solutions which can:

- help provide individuals with ways they can learn the basics and understand how to support those who may be in crisis.
- early identification that someone might be at risk of suicide.
- detect if there is 'unusual' human activity at known suicide hotspots.
- provide support to someone who is having suicidal thoughts.
- support anyone who has lost someone to suicide.
- provide companies with suicide prevention initiatives and measures.
- collate and map suicide related data for action research purposes.
- contact The Jordan Legacy to find out how you can introduce a sustainable Zero Suicide framework in your development of digital solutions.

"Steve spoke from the heart about his personal experience, he spoke with honesty and sensitivity and immediately captured everyone's attention. I highly recommend that all organisations reach out to Steve and ask for this session, you won't be disappointed."

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The Jordan Legacy is a registered Community Interest Company (CIC), founded in 2020 by Steve Phillip, following the death of his son, Jordan, to suicide in December 2019. Our mission is to continually seek ways of better supporting those who are finding life a struggle and, specifically, to reduce the number of lives being lost to suicide.

The Jordan Legacy has hosted panel discussions, talks and events and conferences on the topics of mental health with many government departments, the armed forces, professional services firms, large corporates, in the UK and overseas, the railways, construction firms and associated industries, universities and schools and many other organisations and groups.

The Jordan Legacy's team has a combined wealth of knowledge and experience of mental health and suicide spanning 18 years, including writing national suicide prevention training programmes and supporting governments and their national suicide prevention strategies and plans.

Most suicides are preventable, so our goal must surely be to prevent most suicides!

For help and support for anyone experiencing mental health problems or suicidal thoughts, please visit **www.thejordanlegacy.com** and our Help and Resources section. For details about how to book The Jordan Legacy to speak to your audience, please visit **www.thejordanlegacy/speaking-and-events/**